



**19 November 2024**

**3pm - 5pm (French time)**

## **DINNER'S READY!**

### **An online exchange of best practices**

How can we ensure that we eat well within the groups? What does it really mean to eat WELL? Does this vary from one person to the next? What impact does what we eat have on our health, on the planet and on society? What would we like to do better within the groups to ensure that meals are a time of shared pleasure that have a positive impact in many different ways?

Let's talk together to get ideas from other groups in Europe and share your best practices and new ideas amongst staff members, companions, chefs, volunteers and group leaders: dinner's ready!

Open to all stakeholders of the Emmaus movement.  
Interpretation in French and English.

**REGISTRATION**



**EMMAUS**

**EUROPE**

ACTIVISTS FOR CHANGE